



Benefit Limits and Contributions for 2010 Remain Largely Unchanged

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Each year the Internal Revenue Service adjusts the dollar limitations for benefits and contributions that apply to retirement plans. The Social Security Administration also adjusts the Social Security earnings limit annually. Most of the limitations remain unchanged for 2010 because the cost-of-living index for the quarter ending September 30, 2009, is less than the cost of living index for the quarter ending September 30, 2008. The IRS did adjust the health savings account limits for 2010. The following chart shows the current 2009 limits and the same limits for 2010.

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