



Williams Mullen Receives Active RVA Certification Award from Sports Backers

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Williams Mullen is pleased to announce the firm received an Active RVA Certification Award from Sports Backers' Movement Makers program at the fifth-annual Active RVA Awards, which included a keynote speech by Governor Ralph Northam. Williams Mullen received special recognition highlighting the firm's healthy living initiatives with a video at the awards ceremony and employees, including President and CEO Woody Fowler, participated on a panel that discussed the firm's Finding Wellness program.

The Active RVA program recognizes "organizations throughout the Richmond region that create a culture of daily physical activity and encourage active lifestyles." Williams Mullen's Finding Wellness program is committed to both encouraging and rewarding behavior that will prevent illness or injury and fostering and supporting healthy lifestyle choices. The program includes a wide variety of initiatives and campaigns that promote active and healthy lifestyles, including a bike-to-work program, living healthy reimbursements and webinars and presentations on timely wellness topics.

Watch the video below for more on how Williams Mullen promotes active and healthy lifestyles. For more information on Sports Backers, click [here](#).

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